

## Member/Guest – Rules and Regulations

### Hours of Operation

1. Hours of Operation are posted on the SMCCD Community Fitness Website: [comfit.smccd.edu](http://comfit.smccd.edu) and [comfit.canadacollege.edu](http://comfit.canadacollege.edu).
2. Holiday and Special Event hours will be posted in advance of changes on the website.

### Member/Guest Eligibility for Use

1. Only Members of the College of San Mateo Athletic Center / Cañada College Athletic Center (SMCCD fitness and pool facilities at the college(s) of College of San Mateo and/or Cañada College), herein referred to “SMCCD Community Fitness Members,” in good financial standing will be able to use the facility or facilities. Single location membership or dual membership location designation memberships must be purchased in advance and align with the membership on file for accessibility and use at either or both locations.
2. A one-day Guest Pass is available for members to purchase for their guest at a charge of \$30.
3. Local guests may only use the facility one time per month, local ID is required.
4. Out of town family guests, may use the facility up to four times monthly, out of town ID is required.
5. Guests must be accompanied by a current member while using the facility.

### Enforcement of Rules

The SMCCD Community Fitness staff will protect the rights and privileges of rule-abiding members. Behavior deemed inappropriate by attending staff or management will be addressed with courtesy. Members who display intentional noncompliant behavior or actions affecting the safe operations of the facility to self or others will be asked to leave the fitness, exercise or swim area to discuss corrections. Willful disruptions, (arguing and fighting) with members, staff or Public Safety will result in removal from the facility and may also result in the suspension of/or cancellation of the membership.

### Rules

1. Use of the SMCCD Community Fitness Center(s) is restricted to students, faculty, and community members in good financial standing and/or attending academic instruction.
2. All Members and Guests must register at the Front Desk prior to using the Athletic Center.
3. All Members wishing to use the SMCCD Community Fitness Center(s) are required to complete registry and enrollment paperwork, including Membership Application, Liability Waiver, and payment information for monthly member charges.
4. All Paid Member Services, including personal training, semi-private fitness training, Pilates, swim instruction, etc. will be conducted by an SMCCD employee.

5. All persons using the SMCCD Fitness Center(s) do so at their own risk and agree to abide by the rules for use of the facility.
6. Members and Guests are responsible for their own personal property. The SMCCD Fitness Center(s) assumes no responsibility for any loss or damage to personal property.
7. The Family Membership has been created for family use together, with at least one parent or guardian working out with their child/children at that time, thusly children ages 15–17 should be in the company of the member parent or guardian during their workout. (An adult friend brother or acquaintance age 18+ is NOT a replacement for the parent or guardian who has signed up to the Family Membership, with requirements to be with family during workouts).
8. Horseplay, profanity, and disruptive conduct are strictly prohibited.
9. Proper workout fitness and sports attire must be worn when working out in the Fitness area or Group Exercise classes. Shirts must be worn. Street clothes are not acceptable, and members will be asked to change clothing or leave the workout area if attire is not assuredly sport/fitness/yoga attire and with proper sports shoes. Examples of inappropriate dress include: torn clothing, cargo pants, bathing suits, flip flops, sandals, bare feet, clothing with belts, buckle or made of denim, etc.
10. Fitness equipment is required to be wiped down by each use after completion of each exercise.
11. Trash must be placed in containers provided for this purpose.
12. Food is not permitted inside the fitness or pool area.
13. Open speaker audio is not allowed on the fitness room floor.
14. Phone calls must be taken and/or made off the fitness room floor, outside, at the Front Desk area or Aquatics lobby. Members will be required to end phone calls made in the fitness area by attending staff or managers on duty.
15. The time limit on equipment is 30 minutes, when others are waiting.
16. Re-racking weights in proper order is a requirement at this facility. This location is a student teaching facility and weights are required to be replaced in their intended manner.
17. Cancellation policy on all paid services is 24 hours, unless otherwise indicated. Cancellations within 24 hours will incur the full charge of the service.
18. Locker room facilities are available for all members and their guests. Children ages 15–17 must be accompanied by their parent or guardian.
19. Member may not adjust lights, fans, temperature controls, yet may seek staff assistance.
20. No personal notices, advertising posters, distribution of personal or business or posting of non-approved SMCCD material is allowed at any time.

All persons using SMCCD Fitness Center(s) do so at their own risk and agree to abide by these rules for use of the facility.

Member Signature: \_\_\_\_\_ Date: \_\_\_\_\_