

# CSM Pool Lane Availability

Revs. 2/15/2024

     = Closed

     = Reduced Availability

     = Long Course  
(5 swimmers per lane)

2 swimmers per lane

SMALL 88-90°F / 31-32°C ↓ 4ft / 1.2m	MON	TUES	WEDS	THURS	FRI	SAT	SUN
6:00 AM	6	6	6	6	6		
7:00 AM	6	6	6	6	6	6	6
8:00 AM	6	6	6	6	6	6	6
9:00 AM	6					2	
10:00 AM	6		6		6	2	6
11:00 AM					6	2	6
12:00 PM					6	2	6
1:00 PM	6		6		6	2	6
2:00 PM	6	6	6	6	6	2	
3:00 PM	3	6	3	3	3	6	
4:00 PM		3		3		6	
5:00 PM							
6:00 PM	3		3		3		
7:00 PM	3	6	3	6	3		

2 swimmers per lane

LARGE 77-79°F / 25-26°C ↓ 7ft / 2.1m	MON	TUES	WEDS	THURS	FRI	SAT	SUN
6:00 AM	5	20	5	9	8		
7:00 AM	7	20	7	12	8		10
8:00 AM	8	20	8	20	18		10
9:00 AM	20	20	20	20	20		20
10:00 AM	8	8	5	5	20	5*	20
11:00 AM	13	13	13	13	20	5*	20
12:00 PM		20		12	20	20	20
1:00 PM	20	20	20	20	20	20	20
2:00 PM	12	12	12	12	12	20	
3:00 PM	12	12	12	12	12	20	
4:00 PM		8		8	8	20	
5:00 PM		6		6	8		
6:00 PM	8	8	8	8	8		
7:00 PM	20	20	20	20	20		

# Master's Practice Schedule



**SAN MATEO MASTERS**  
*swimming*

For more Masters information please contact: [reudyt@smccd.edu](mailto:reudyt@smccd.edu)

## **Monday** ***Distance***

6AM/7AM/8AM/10AM/12PM

## **Tuesday** ***Stroke Work***

10AM

## **Wednesday** ***Quality***

6AM/7AM/8AM/10AM/12PM

## **Thursday** ***Middle Distance***

6AM/7AM/10AM/12PM

## **Friday** ***Individual Medley***

6AM/7AM

## **Saturday** ***Mid-Long Distance Free*** ***(Long Course)***

7-8:30AM/8:30-10AM

## **Sunday** 7-8:30AM

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For more Group Exercise information please contact: [soudahm@smccd.edu](mailto:soudahm@smccd.edu)

**Aqua Fitness**  
**T/Th : 9:15am-9:55am**  
**Wed/Friday : 9am-10am**

**Aqua Party w/Red**  
**Sunday : 9am-10am**

For more aquatics information please contact: [pinedan@smccd.edu](mailto:pinedan@smccd.edu)