



COLTS SWIM SCHOOL

AT CAÑADA COLLEGE ATHLETIC CENTER

INFORMATION & WELCOME PACKET

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SWIM SCHOOL LEVELS:

The Colts Swim School is a **year round** program split up into four levels. The intention is to have a swimmer without any swimming skill to start at Level 1 and by the end of Level 4 the swimmer will be proficient in basic strokes. After Level 4, they will be ready to join our development levels to further expand into a competitive level.

This group swim program is catered to children ages 3-12, with a 1:4 ratio.

Fun Fact: all Colts Swim School Levels are named after our favorite breeds of Colts!

FALABELLA (Level 1):

Description: In the Falabella Level, or Level 1, the students will learn to become comfortable in the water and the building blocks of their swimming careers. They will start with holding their breath and then move on to learn the prone float, along with the back float and roll over. In addition to these basics, water safety will be a major aspect of this level. We will teach the student how to safely enter and exit a pool, to always swim with a parent or guardian, only when you have the proper equipment like goggles and swim suit, and if there is an emergency to notify 911 or a lifeguard..

Prerequisites: There are no swimming skills required to join Level 1. Your child MUST be at least 3 years old and potty trained to attend / participate at this level.

Goals: Students will enjoy classes as a fun, safe, trusting environment to explore and become comfortable in the water.

Skills Required to Pass:

- Underwater breathe holds
- Forward swim with kicks and breathing
- Back floats and roll overs
- Assisted dives

CONNEMARA (Level 2):

Description: In the Connemara Level, or Level 2, kicking and arm strokes will be critical to the next stage of their swimming abilities. Kicking will start with demonstrations from our instructors and then progressing to kickboards, before independent streamline. Arm strokes will be the precursor to freestyle and start out as arm paddling and eventually working towards a full head down position with straight arms resembling freestyle. The student will then progress to combine both kicks and arm strokes together, ensuring correct timing and breath control. In addition to these two core skills, students will also learn more water safety such as the survival float used in open water as well as refining their diving skills.

Prerequisites:

- Underwater breathe holds
- Forward swim with kicks and breathing
- Back floats and roll overs
- Assisted dives

Goals: Students will refine their kicking, arm strokes, and the basics of side breathing. All skills will be independent movements without assistance, but each skill will be taught in slow progression through various stages.

Skills required to Pass:

- Straight leg kicking with pointed toes
- Be able to swim with 4 to 6 big, slow, straight arm strokes and with a strong kick
- Perform a Side Breath on both sides of the body
- Back Kicks with streamline
- Underwater swim of at least 7 feet

APPALOOSA (Level 3):

Description: In the Appaloosa Level, or Level 3, the progression of freestyle and backstroke will be the focus of this level, with heavy emphasis on bilateral breathing. Students will be building off the foundation they have from Level 2 to focus on breathing and stronger arm strokes for bilateral freestyle. During backstroke they will focus on their arm movements ensuring that they are at the correct rhythm and spacing. They will also be learning elementary backstroke that will lay the foundation for breaststroke in Level 4.

In addition they will practice their water safety skills with treading water. For treading water they will be taught a variety of different methods and refine the method that best works for them..

Prerequisites

- Be able to swim with 4 to 6 big, slow, straight arm strokes and with a strong kick
- Perform a Side Breath on both sides of the body
- Back Kicks with streamline
- Underwater swim of at least 7 feet

Goals: Students in Level 3 will focus on refining their freestyle learning bilateral breathing as well as backstroke and elementary backstroke.

Skills Needed to Pass:

- Bilateral Freestyle with proficiency of at least 25 yards
- Backstroke and Elementary Backstroke proficiency of at least 25 yards
- Strong ability to tread water in the deep end
- Can retrieve object from 5-7 feet depth

DARTMOOR (Level 4):

Description: In the Dartmoor Level, or Level 4, the students will be mastering the strokes and continuing to improve their endurance and breath control. At this level we will be introducing the more complicated strokes of breaststroke and dolphin kick. These strokes may take some time for students to learn, but our instructors will progress them through several stages to ensure that each student is able to understand. In addition the students will learn secondary skills in the big pool in short intervals.

Prerequisites:

- Bilateral Freestyle with proficiency of at least 25 yards
- Backstroke and Elementary Backstroke proficiency of at least 25 yards
- Strong ability to tread water in the deep end

Goals: Advanced continuation of Bilateral freestyle and backstroke. Learning and mastering Breaststroke and Dolphin Kick

Skill Required to Pass:

- Mastery of Bilateral Freestyle with endurance of at least 50 yards
- Mastery Backstroke with endurance of at least 50 yards
- Mastery of Breaststroke with endurance of at least 50 yards
- Mastery of Dolphin Kick with endurance of at least 50 yards

GREEN 1 (Level 5)

Prerequisites:

- Completion of Colts Swim School Dartmoor (Level 4) OR
- Complete proficiency of bilateral freestyle 50 yards, including consistent straight-legged kicks and underwater streamline push-offs with three dolphin kicks from both walls and quick side breaths
- Complete proficiency of backstroke of 50 yards, including consistent straight-legged kicks and underwater streamline push-offs with three dolphin kicks from both walls and strong sense of direction
- Mastery of Breaststroke of 25 yards
- Mastery of Dolphin Kick of 25 yard

GREEN 1 WILL REQUIRE A TRY OUT! IF YOU THINK GREEN 1 IS THE LEVEL FOR YOU, PLEASE EMAIL US TO SCHEDULE A TRY OUT! EMAIL COLTS.SS@SMCCD.EDU, FROM THERE WE WILL CONDUCT A TRY OUT. SKIP THE REST OF THE PACKET :

PRICING AND SCHEDULING:

Pricing: The prices below reflect your monthly price based on the number of days chosen. Once dates are chosen, your schedule and prices will be locked until decided otherwise. You may NOT show up to any day/class you want. You may only show up to the classes that you have scheduled.



Colts Swim School Pricing

| Class Frequency | Regular Price | CSM-AC Member Price | Student/Faculty |
|-----------------|---------------|------------------------|-----------------|
| 1 day / week | \$126.50 | \$101.20 | \$82.23 |
| 2 days / week | \$227.70 | \$202.40 | \$158.13 |
| 3 days / week | \$316.25 | \$290.95 | \$234.03 |
| 4 days / week | \$417.45 | \$392.15 | \$316.25 |



Colts Swim School Pricing

| Green 1 | Regular Price | CAN-AC Member |
|-------------|------------------|------------------|
| 2 days/week | \$151.80 | \$126.50 |
| 3 days/week | \$177.10 | \$151.80 |
| 4 days/week | \$202.40 | \$177.10 |

Membership is required at registration, for member pricing eligibility. If you join after registration, kindly inform us via email. Your member rates will be applied starting from the following month.

Employees of **SMCCD** qualify for faculty pricing on swim lessons, making it more accessible for their children to develop essential water safety and swimming skills. This initiative reflects our commitment to promoting family well-being, confidence in the water, and overall child development.

Scheduling: Parents will select their personalized class schedule from the provided days and times below, with up to 4 classes per week. Each class lasts approximately 30 minutes, concluding around the 27-minute mark to allow time for updates and showers. Classes maintain a maximum of 4 children, with the class roster remaining the same unless a cancellation or level up occurs.

Schedule inquiries can either be done by emailing us at colts.ss@smccd.edu, or coming down to our Aquatics Desk during our hours of operations.

Hours of Operation:

Colts Swim School (Levels 1-4):

- Mondays 3pm-7:30pm
- Tuesdays 2pm-7pm**
- Wednesdays 3pm-7:30pm
- Thursdays 2pm-7pm**
- Fridays 3pm-7:30pm
- Saturdays 9am-3pm

**** indicates office hours (No Group Swim Lessons Occur on these days)**

Green 1:

Monday- Thursday 5pm-5:45pm

*** Keep in mind this is our general hours of operations with certain levels having varying time slots. Please reach out if you would like a more detailed schedule of your child's class level**

Policies & Procedure

Inappropriate Behavior: All students are expected to follow the directions of their assigned instructor and Deck Lead promptly and respectfully. Our staff are trained aquatic professionals whose instructions are designed to protect students and facilitate effective learning. Failure to comply with staff direction may result in removal from the pool area until the behavior is corrected. Repeated non-compliance may result in suspension or dismissal from the program.

Zero-Tolerance Inappropriate Contact Policy: Colts Swim School has a strict zero-tolerance policy regarding inappropriate physical contact of any kind. This applies to interactions between students, as well as between students and staff. Any behavior that is unwanted, unsafe, or of an inappropriate, aggressive, or harassing nature will be taken seriously and addressed immediately.

Incidents involving inappropriate contact will be handled as follows:

- The involved parties will be separated immediately
- Parents or guardians will be notified the same day
- The student(s) involved may be suspended or permanently dismissed from the program

All staff members are trained in appropriate professional boundaries and are held to the same standard. We encourage students and families to report any concerns to the Program Director immediately.

LOCKER ROOM USE: Men and Women's Locker Rooms inside B1 are not available for children. Gender Neutral Family Changing Rooms are available for children. We also have changing tents near the pool deck doors. Please do not change your children anywhere else on deck.

AIR QUALITY: If the AQI for Redwood City, California is 100 or higher, you have the discretion to not attend class. If the AQI is 150 or higher, the facility will close entirely. Cañada College management will follow local news and airnow.gov closely during an event and use discretion regarding classes on a day to day basis. You will receive an email or a direct communication from the Colts email (Colts.ss@smccd.edu)

MAKEUPS

Makeups for classes are not allowed at this time. Due to the fixed number of students in class, we cannot temporarily shift from one class to another.

REFUNDS

Refunds for cancelled classes will be on a case by case basis. If you are missing a class (absences, birthday parties, sports games etc.) you will not be refunded.

Refunds for used/swim months will not be refunded for any reason. Any other reasons for refunds will be at the discretion of the Aquatics Operating Manager(AOM)

PRORATING

We will prorate your first month's dues based on your monthly total of lessons.

- We consider each month to consist of 4 weeks, even if there is a 5th week.
 - 1 day a week, your minimum amount of lessons per month is 4,
 - 2 days a week, your minimum amount of lessons per month is 8.
 - 3 days a week, your minimum amount of lessons per month is 12.
 - 4 days a week, your minimum amount of lessons per month is 16.

If your lesson falls on a 5th week, it is an extra lesson and your rates do not change.

What does this mean for prorating?

You are only eligible for prorating if at the time of your start date, you have less than your minimum amount of lessons per month.

We will also prorate for any holiday that the Canada College Athletic Center has a closure. We will always communicate what holiday will involve closure and prorating. You can also check for the building's hours here: <https://comfit.canadacollege.edu/> and check under updates for the holidays that are observed by Canada College Athletic Center.

FAILED PAYMENT

If your payment has failed (fraudulent charges, suspensions, expired card etc.) it is your responsibility to update your billing information. Please keep in mind if your billing information expires at the time your payment is due to process, **a chargeback fee will be added. The chargeback fee will be your financial responsibility. Your swimmer will not be able to swim until your payment has cleared.**

FREEZES

We get it, life gets busy and you might need a break from your swim lessons. We offer freezes to your account in which you can freeze your billing cycle. Please keep in mind, there are limitations to our freezes:

- We do not offer same month freezes. (ex. You cannot request a December freeze in December)
- Freezes must start the 1st and end the 30th/31st, it cannot start or end mid-month.
- Freezes must be in increments of one month, we cannot freeze for any less than a month
- You can freeze your account for up to 3 months per calendar year. If you need to be away for a longer period and want an indefinite freeze, you may qualify for a cancellation.
- A one month freeze will hold your current class schedule. Freezes longer than a month, will result in forfeiting your current lesson schedule. The team will reach out to you prior to your return to coordinate rescheduling lessons.
- You cannot freeze your account if you have not started classes yet.

In order to freeze your account, please email colts.ss@smccd.edu by **11:59pm the 20th of the month** for the upcoming month (ex. Email by Dec 20 for Jan 1 freeze). You can always email us early to freeze if you know your schedule in advance. In order to freeze we will need:

- Written email request
- A set return date

If your freeze request is submitted late from the 21st or after you have the following options:

- Late-freeze your account with a 10% charge of your monthly dues (no pro-rations)
 - Ex. if your monthly dues are \$115, your late fee would be \$11.50
- Set up your freeze for the following month, and pay nothing!

We will always send email confirmation of your freeze. If you have not received one, your account has not been frozen.

Your billing cycle will automatically resume on your set return date. If you wish to continue your leave, you are responsible to communicate a cancellation. We will not be refunding any forgotten cancellation requests.

CANCELLATIONS

We require a 3-month commitment from all swimmers. This commitment ensures financial responsibility for a minimum of three months of membership. Following this period, your membership will be effective on a monthly basis, with cancellation requiring written notice. In the event of early termination before the completion of the 3-month period, a \$50 charge will be applied to break the contract

To terminate your account, please email colts.ss@smccd.edu by 11:59 PM on the 20th of the month for the

termination to take effect the following month (e.g., email by December 20 for a January 1 termination). You can also email us earlier if you know your schedule in advance. To process your termination, we will need:

- Written email request
- Effective Date

If your cancellation request is submitted past the 20th, within the same month, you are eligible to receive a partial refund credit. No exceptions.

If your cancellation request is submitted late from the 21st-30th/31st you have the following options:

- Late-cancel your account with a 10% charge of your monthly dues
 - Ex. if your monthly dues are \$115, your late fee would be \$11.50
- Set up your cancellation for the following month, and pay nothing!

We will always send email confirmation of your cancellation. If you have not received one, your account has not been canceled.

Switching Days: If you want to change your class day or time, no problem. The fastest way would be to see one of our Aquatics Front Desk attendants. In a hurry? Email us at colts.ss@smccd.edu and we can process it there. Switching for “one week because something came up” is not something the team will accommodate.

Please keep in mind that once you change your class, you must remain in the class for one month minimum

Dropping Days: If you would like to drop a day from your current class schedule, the change will be in effect for the following month. Please email colts.ss@smccd.edu by 11:59 PM on the 20th of the month for the changes to take effect the following month.

COMMUNICATION/REQUESTS

All communication and requests must be made in writing via email, please make sure you provide us with an email that you frequently check so you can receive updates from us.

All communication and requests must be made via email to colts.ss@smccd.edu

Phone calls and in-person conversations are welcomed; however, they must be followed up with an email summarizing the discussion. This ensures proper documentation and prevents miscommunication.

PHOTOGRAPHY/VIDEO RECORDING

Only pre-authorized, employed individuals of the SMCCD Athletic Centers may record or photograph activity.

Members and their guests are not permitted to use any recording devices to capture visual or audio content at any time.

WAIT, I HAVE MORE QUESTIONS!

How do I pick the right level for my swimmer?

At the beginning of the packet we have descriptions of our Swim School, take note of the suggested ages of each level. Do your best to make an educated guess from those descriptions as to where to place your child. If you are between levels, round down. It is always better to choose the lower level and have them be too good than choosing a level that might be too advanced for them. Then they might feel discouraged, and we don't want that!

How many days a week should I pick? It is up to you!

We provide different options for how many days per week you wish to have your child swim. Select the number of days and which specific days you want during your registration process as well as your preferred times, please provide us with a 1st, 2nd, and 3rd choice. More days= more practice.

Does my child have to be potty trained to be in Falabella (Level 1)?

YES! All children MUST be potty trained in all levels in order to be a part of Colts Swim School

How do I register?

All parents will need to fill out a Swim School Registration form and questionnaire attached at the end of this packet and email it to colts.ss@smccd.edu

Where do I park?

For parking you will need to park at Lot 6 and take a short walk to the Athletic Center where you will be directed to our Aquatics Front Desk to check in. A campus map can be found at this link here: <https://canadacollege.edu/about/directions.php>

Where and how do I enter and check in?

You will enter the facility through the main entrance of 4200 Farm Hill Blvd. Building 1 'Kinesiology and Wellness.' Go past the gym's front desk and hang a right and you will see another desk! That is the Colts Aqua Front Desk. There, you will check in your swimmer by FIRST and LAST name. You line up against the opposite wall and await to be called by your swim teacher. What we will NOT do is enter through the large outside gates.

Do you cancel practice if it rains?

Nope. Rain is wet and so are swim lessons :) We will cancel lessons if there is a lightning storm.

What temperature is the pool? And is it an outdoor pool?

The pool is 88°-89°F daily. Yes, it is an outdoor pool.

If I arrive early for my lesson can my kids enter the pool early and wait for their class to start?

Unfortunately we cannot have your swimmer early, they must wait outside the pool

I have questions that were not on the packet, but they are important!

Keep asking us questions! Maybe your question will make the next update of the packet. We want to make sure that everyone is as informed as possible.

READY TO SIGN UP? Fabulous, so are we! Please do the following

1. **How do I register?** The first step to our process for registrations is to schedule an assessment. **Keep in mind, if your child is at the Level 1 skill set, you can forego an assessment.**
 - a. To schedule an assessment please reach out to us at the Colts email: colts.ss@smccd.edu and let us know that you'd like to coordinate an assessment. Assessments are based on availability.
2. Once the assessment for your child is completed, we will walk you through scheduling coordination and optional same-day registration. If you have any additional questions in the meantime, feel free to reach out to us at the Colts email: colts.ss@smccd.edu



COLTS SWIM SCHOOL REGISTRATION FORM

Please complete form and submit to: colts.ss@smccd.edu

Participant Information Form

Participant Name: _____ Age: _____ D.O.B: _____

Parent/Guardian Name: _____

Primary Email: _____

Phone Number: _____

Gym Member (if applicable) #: _____

Level & Price (both): _____

Address:

Medical Information

(Disabilities, allergies, illnesses, medications, or injuries):

Emergency Contact Name: _____

Phone: _____

Class Days & Times (select all that apply):

- Monday: _____
- Wednesday: _____
- Friday: _____
- Saturday: _____

REGISTRATION AND AGREEMENT

Circle and list above the group/rate that your swimmer is joining. If one of the swimmer's parents are members of Cañada College Athletic Center and/or San Mateo Athletic Center , please indicate that above and select the group rate under the Member Price column. If this is not indicated, we will default to the non-member rate.



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| 4 days/week | \$202.40 | \$177.10 |



RELEASE AND WAIVER OF LIABILITY

Program: Cañada College Athletic Center: Colts Swim School

Printed Name of Participant: _____ D.O.B: ___/___/___

I, _____, on behalf of myself and my child ("Participant"), have voluntarily requested to participate in the Program. I am aware that attending or participating in the Program involves risk of injury to person and property. I voluntarily accept and assume all risk from attending and participating in the Program. In consideration of being permitted to participate in these activities, I freely, voluntarily and without duress execute the following Release for and on behalf of myself, Participant and Participant's heirs, successors, beneficiaries and assigns:

1. Waiver and Release. Participant releases, forever discharges, indemnifies, and holds harmless San Mateo County Community College District ("District") and its colleges, trustees, officers, officials, agents and/or employees (collectively the "Released Parties") from any and all liability, claims, demands and causes of action of whatever kind or nature, either in law or in equity, arising out of or relating to Participant's activities in District's Program ("Activities"), including but not limited to any claim for any bodily injury, personal injury, illness, death or property damage that may arise out of, occur during or result from the Activities, regardless of whether caused in whole or in part by an act or omission of a Released Party. Participant also understands that, except as otherwise agreed to by a Released Party in writing, the Released Parties do not provide any financial assistance of any kind, including but not limited to medical, health or disability insurance coverage for any participant.
2. Medical Treatment. Participant releases, forever discharges, indemnifies, and holds harmless the Released Parties from any claim, demand or cause of action whatsoever arising out of or relating to any first aid or medical treatment rendered in connection with the Activities.
3. Media Release. Participant grants and conveys to District all right, title and interest in any and all photographic images and video or audio recordings made by or for District during Participant's participation in the Activities, including, but not limited to, any royalties, proceeds, or other benefits derived from such photographs or recordings.

I HAVE READ THIS RELEASE OF LIABILITY AND ASSUMPTION OF RISK AGREEMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE RELEASED ANY AND ALL CLAIMS AGAINST THE RELEASED PARTIES RESULTING FROM PARTICIPATION IN THE PROGRAM BY SIGNING IT, AND SIGN IT FREELY AND VOLUNTARILY WITHOUT ANY INDUCEMENT.

Legal Guardian/Parent's Signature: _____

Name of Legal Guardian/Parent: _____

AUTHORIZATION OF PAYMENT FOR CAÑADA COLLEGE ATHLETIC CENTER

Swimmer Name: _____ Date: _____

I, _____, authorize Cañada College Athletic Center to charge \$ _____ recurring monthly fee and/or any other swim school charges. I understand that if my swimmer joins the program after the first week of their first month, then their first month's dues will be prorated accordingly. **My swimmer's first day of swim school practice is** ___/___/_____. This authorization for electronic transfer of funds from the account listed below will auto draft on the 1st of each month and will remain in effect until Cañada College Athletic Center has received a written notice from me for its freeze or termination.

I have the right to stop payment on an electronic funds transfer debit by notifying my bank. This, however, does not void my contract with Cañada College Athletic Center to fulfill my payment commitment and I am obligated to pay by some other method. The processing date for debit cards may vary due to banking procedures.

_____ I understand that a late fee will be charged for any returned checks, insufficient funds, closed accounts, frozen or declined credit cards, or similar circumstances that result in late or delayed payments to the College of San Mateo. I am responsible for providing accurate and updated payment information.

_____ I understand that I am authorizing electronic transfer of funds from the account listed below that will begin on ____/____/____ (date), and will thereafter auto draft on the 1st of each month.

_____ I understand that I may cancel or freeze my electronic transfer of funds if I provide the Cañada College Athletic Center with written notice by the 20th of the month. A freeze puts a hold on monthly payments for a specified amount of time. A cancellation ends all future payments by terminating the contract. A freeze or cancellation of an account can be effective no sooner than the month following the written notice.

_____ I understand that my electronic transfer of funds from the account listed below will resume auto drafting on the 1st of the month following the end of my freeze period, unless I provide written notice otherwise.

_____ I understand that I am committing to a minimum three month membership, and agree to be responsible for three for three full months of payments. The three month period commences on the 1st of the months following the date the membership begins. I understand that at the end of the initial 3-month term, the membership will remain in effect on the month-to-month basis unless and until it is canceled and with written notice pursuant to the resignation policy. As such, any failure to use the membership indicated above and/or the facilities and programs associated therewith does not relieve the member of any payment obligations for dues or other changes owing as indicated above, regardless of circumstances. Dues may increase at any time, with one month's written notice to members.

Cardholder Name (as it appears on the card):

Card Type:

Visa Mastercard Discover

Card Number:

Expiration Date (MM/YY): _____

Billing Address:

City: _____ **State:** _____ **ZIP Code:** _____

Signature: _____ **Date:** _____

SWIMMER NAME: _____

GETTING TO KNOW YOUR SWIMMER!

1. What are the 3 most important things you want for your swimmer to experience at our swim school?
 - a.
 - b.
 - c.
2. What is your child's favorite thing (in general, what are they really into right now)?

3. What are some *very* important things we should know about your swimmer?

4. Has your child been in group swim lessons before? YES NO
5. If yes, what did you like best about your previous lessons?

6. What did you like the least?

7. What are you hoping to gain from our swim school?



COLTS SWIM SCHOOL PARENT CODE OF CONDUCT

The purpose of a Code of Conduct for parents is to establish consistent standards for behavior. As a parent/guardian, I understand the importance of developmental support for every child's participation. I understand and agree to respect all staff members.

I, _____ agree with the following statements below: Print Full Name

- I will set a positive example for our children by demonstrating sportsmanship and showing respect and common courtesy at all times to the team members, instructors, parents, and all facilities.
- I understand that criticizing, name-calling, and the use of abusive language or gestures directed toward team members, instructors, parents, and at all facilities may lead to suspension or dismissal from the swim school.
- I will respect the position of the swim instructors and all aquatics team members
- I understand and will adhere to the policies set by the Swim School.
- I will direct questions and concerns to the Operations Manager of Aquatics.

I agree to the Swim School Parent Code of Conduct and understand that my failure to adhere to these guidelines may result in suspension or removal from the program.

Parent Signature: _____

Child Name: _____



COLTS SWIM SCHOOL SWIMMER CODE OF CONDUCT

Parents, please review and sign this Code of Conduct with your children.

The purpose of a Code of Conduct for swimmers is to establish consistent standards for behavior. As a swimmer, I understand the importance of appropriate behavior to foster a safe learning environment. I understand and agree to respect all staff members.

I _____ agree with the following statements below: Print Full Name

I will set a positive example for others by demonstrating sportsmanship and showing respect and common courtesy at all times to team members, instructors, parents, and at all facilities.

I understand that criticizing, name-calling, and the use of hurtful language or gestures directed toward other team members, swimmers, instructors, parents, and at all facilities may lead to suspension or dismissal from the swim school.

I will respect others' personal space and boundaries.

I understand that I need to listen to my instructors and follow instructions during my lesson.

I understand and will adhere to the policies set by the Swim School.

I agree to the Swim School Swimmer Code of Conduct and understand that my failure to adhere to these guidelines may result in suspension or removal from the program.

Parent Signature: _____

Child Name: _____