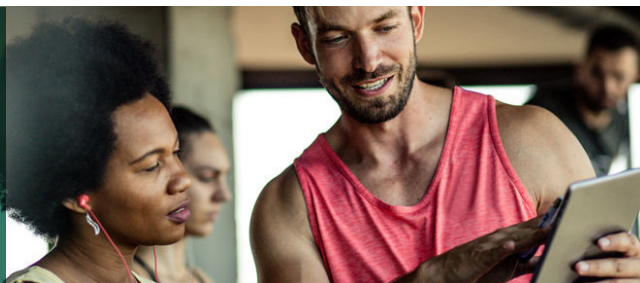


FIT-CENTIVE PERSONAL TRAINING

50-Minute Sessions

FIT-CENTIVE PERSONAL TRAINING

50-Minute Sessions



SMCCD Community Fitness Personal Trainers apply science based, integrated rationale to programs designed to meet your specific health, wellness, physical and sports performance goals.

Trainers are identified at Level I and Level II. We encourage you choose trainers who align with the complexity of your goals.

Level I Trainers: < 3 years in field

College level Education
Nationally Recognized Certification
(General Fitness, Health & Wellness).

Level II Trainers: 3+ years in field

College level Education w/degree
Nationally Recognized Certification
Training Specialization Certification
(Distinctive Fitness, Health & Wellness).

CALL OR EMAIL TODAY

moorbrinkj@smccd.edu
(650) 381-3508



Members receive a complimentary **50-min Fitness Assessment** with one of our Certified Trainers. Book your appointment by scanning the QR code or book through [Calendly](#).

One-on-One: "New Client Intro-Package"

Sessions	Trainer I	Trainer II
3	\$225	\$231
8	\$584	\$600

One-on-One: "Pure Potential Package"

Sessions	Trainer I	Trainer II
1	\$89	\$93
5	\$420	\$430
10	\$790	\$810
12*	\$864	\$888

Two-to-One "Team-training Package"

Sessions	Trainer I	Trainer II
1	\$63	\$67
5	\$290	\$300
10	\$545	\$565

Packages expire within 10-weeks (2.5) months after the date of the first session. *Success Series require a commitment of 2-sessions weekly, for 6 weeks.; expires after 6 weeks.



CAÑADA COLLEGE
ATHLETIC CENTER

Your community connection to education and fitness.