

FIT-CENTIVE PERSONAL TRAINING

50-Minute Sessions



ONE-ON-ONE: NEW CLIENT PACKAGES

Sessions	Per Session	Total Package Price
4	\$95.00	\$380.00
8	\$90.00	\$720.00

ONE-ON-ONE: PURE POTENTIAL PACKAGES

Sessions	Per Session	Total Package Price
1	\$110.00	\$110.00
4	\$99.00	\$396.00
8	\$95.00	\$760.00
12*	\$85.00	\$1,020.00

TWO-TO-ONE: TEAM-TRAINING PACKAGES

Sessions	Per Session	Total Package Price
1	\$80.00	\$80.00
4	\$75.00	\$300.00
8	\$70.00	\$560.00

Packages expire within 10-weeks (2.5) months after the date of the first session. *12-session packages require a commitment of 2-sessions weekly, for 6 weeks.; expires after 6 weeks.

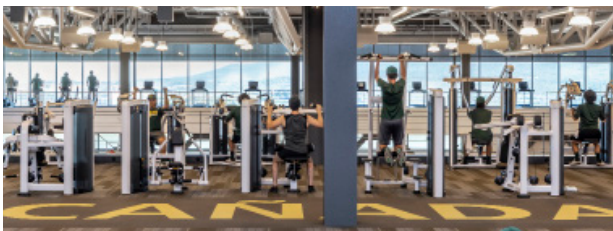


CAÑADA COLLEGE
ATHLETIC CENTER

Your community connection to education and fitness.

FIT-CENTIVE PERSONAL TRAINING

50-Minute Sessions



Your Community Connection to Education and Fitness

SMCCD Community Fitness Personal Trainers apply science-based, integrated rationale to programs designed to meet your specific health, wellness, physical and sports performance goals.

Personal Program Plans

Our Certified Personal Trainers design custom exercise plans tailored to your unique needs, ensuring efficient and effective progress.

CALL OR EMAIL TODAY



moorbrinkj@smccd.edu
(650) 381-3508
comfit.canadacollege.edu

New members also receive a complimentary 50-min Fitness Assessment with one of our Certified Trainers.
Book yours at bit.ly/can-ac-fa.



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